

RESEARCH BULLETIN



WHAT'S HAPPENING IN APRIL—JUNE 2019

Monday 29th April 10:30am—1:30pm	Stroke and Aphasia PPI Panel <i>Venue: Graves Health and Leisure Centre, Sheffield. S8 8JR</i> <i>Contact: Kat Sumner - Katherine.Sumner@sth.nhs.uk</i>
Tuesday 30th April 12:00pm—1:30pm	Remote Home/Access Visit Workshop <i>Venue: Howden House, 1 Union Street, Sheffield. S1 2SH</i> <i>Register for event on Eventbrite. Contact: Emma.Simpson2@sth.nhs.uk</i>
Wednesday 1st May 9:40am—11:10am	Finding the Evidence to support your Practice workshop <i>Venue: Dr. David Ryan room, Health Sciences Library, RHH Medical School</i> <i>Contact/Further Info: Matt Cooper - matt.cooper@sheffield.ac.uk</i>
Thursday 2nd May 10:30am—12:30pm	Sheffield Palliative Care Research Network <i>Venue: Room 6, R Floor, Royal Hallamshire Hospital.</i> <i>Contact: Katherine.Sumner@sth.nhs.uk</i>
Thursday 16th May 1:15pm—2:15pm	Respiratory Research Forum <i>Venue: Fulwood Room, North House, Northern General Hospital.</i> <i>Contact: Katherine.Sumner@sth.nhs.uk</i>
Monday 20th— Wednesday 22nd May 6:00pm—9:00pm	Pint of Science Event / International Clinical Trials Day <i>Venue: Tamper Seller's Wheel, 149 Arundel Street, Sheffield. S1 2NU</i> <i>Contact: rikki.crawley@sth.nhs.uk</i>
Tuesday 11th June 9:00am - 10:30am	Research Implementation Group meeting <i>Venue: Seminar Room 8, RHH Medical School</i> <i>Contact: Katherine.Sumner@sth.nhs.uk</i>
Wednesday 12th June 7:00pm—8:00pm	PubMed—Clinical Academic Society <i>Venue: The Red Deer Pub, 18 Pitt Street, Sheffield. S1 4DD</i> <i>Contact: l.grievesson@sheffield.ac.uk</i>

IN THIS ISSUE...

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GOT A NEWSWORTHY RESEARCH STORY, PROJECT, UPCOMING MEETING OR EVENT YOU'D LIKE TO SEE FEATURED IN THE NEXT BULLETIN?

PLEASE CONTACT:

Katherine.Sumner@sth.nhs.uk

OR

Lisa.Farndon@nhs.net



THE CLINICAL RESEARCH AND INNOVATION OFFICE IS ON TWITTER!

[@Shef_Research](https://twitter.com/Shef_Research)



CARE GROUP ACADEMIC STATUS RETAINED

The Directorate reviews were conducted in March 2019 by a panel of reviewers, who assessed Directorate submissions against an agreed set of criteria. The following recommendations for the award of Academic Directorate status were unanimously agreed by the reviewers. Feedback included that the Care Group have demonstrated impact value and wide spread growth of its profile and researcher base.

We have set our targets for the forthcoming year to reflect our continued ambition to grow research capacity amongst the staff and teams working across the three directorates. This includes submitting 17 grant applications, participating in 18 active portfolio studies and publishing 30 articles in peer reviewed journals.

Finding the Evidence to Support your Practice

Wednesday 1st May, 2019 at 9:40am

The volume of information published in the biomedical literature is overwhelming. This 90 minute workshop will give hands on experience and equip you with the key skills to enable you to carry out successful literature searches.

On completion of the workshop, candidates should be able:

- * To explore the range of resources available
- * To ensure they have the necessary registration
- * To focus your clinical question
- * To develop necessary skills to research resources



Please book a place on PALMS, course code **LD9005**

Contact: matt.cooper@sheffield.ac.uk

New eLearning on PALMS

How to search the Literature Effectively'

There is a new eLearning package on PALMS currently made up of six modules, entitled 'How to search the Literature Effectively'. It is a national educational resource that has been checked over by key STH staff and found to be good, written in plain English and uses some realistic scenarios and case studies.

L&D are releasing these six free learning modules to everyone at STH. The modules are short and can be stand alone or completed as one course and staff can then get a certificate. The modules are:

- Module 1 – Introduction to searching
- Module 2 – Where do I start searching?
- Module 3 – How do I start to develop a search strategy?
- Module 4 - How to narrow your search
- Module 5 - How to broaden your search
- Module 6 - Searching with subject headings



If you are interested, please go to PALMS and search for 'How to search the Literature Effectively'.

Creating a poster—FREE guidance

<https://www.youtube.com/watch?v=1RwJbhkCA58&feature=youtu.be>



Great guidance for anyone who is creating a poster, maybe for the **2019 STH Sharing Good Practice Festival Day**.

International Clinical Trials Day

World-leading researchers and scientists from the Trust and the University of Sheffield gave people in Sheffield and beyond a unique insight into how they can contribute to ground breaking medical discoveries during International Clinical Trials Day.



Visitors explored how clinical trials, which are responsible for the most significant medical advances for the past 260 years, are conducted, and gained an insight into key-hole surgery and learned about extraordinary health innovations when the University, hospitals, and the National Institute for Health Research (NIHR) Clinical Research Facility at the Royal Hallamshire and Northern General Hospital, open their doors to the public.

They also met staff from Sheffield Children's NHS Foundation Trust's NIHR Clinical Research Facility to find out how pioneering research helps babies and young children too.

There was also an opportunity for visitors to speak directly with patients who have taken part in clinical research, visit a number of interactive stands and have guided tours of the National Institute for Health Research's (NIHR) Clinical Research Facilities, based at the Royal Hallamshire and Northern General Hospital, which are recognised by the Department of Health as units of excellence.

The healthcare research showcase was held between 7pm and 8pm at the University of Sheffield's Medical School on Beech Hill Road.

Staff from Sheffield Teaching Hospitals NHS Foundation Trust also ran a series of awareness-events throughout International Clinical Trials Day, including in the outpatients area of Weston Park Hospital, the main entrance of the Jessop Wing Maternity Unit and within the diabetes, pharmacy, cardiology and A&E departments.

To find out more about clinical research at Sheffield Teaching Hospitals NHS Foundation Trust email getinvolved@sth.nhs.uk or contact 0114 226 5935.

STH 2019 Sharing Good Practice Festival

The festival is taking place on *Wednesday 26th June 2019*. This one day festival has been running since 2007 and highlights the various great work that is being undertaken in all areas of the Trust. Some of the works featured are large pieces of research whereas others are more local practice development initiatives. The event features a variety of concurrent sessions, keynote speeches, workshops and poster presentations from all disciplines and across all the clinical areas. The day is very much a multi-disciplinary one and is open to all STHFT staff and colleagues from across the Health and Social Communities.



Check [PALMS](#) for more info, or contact Irene.Mabbott@sth.nhs.uk

Good Practice

Association for Palliative Medicine (AMP) On 22nd March, Jane Lewis presented a small research study that has been funded by Sheffield Hospitals Charity at APM's (Association of Palliative Medicine) Supportive and Palliative Care Conference in Harrogate. It was a fantastic day full of inspiring presenters and networking opportunities and her abstract even won "best AHP abstract"! As well as the opportunity to present the research to an international audience, the abstract was also published in the BMJ Supportive and Palliative Care which allows the impact to go even further than the conference. Many thanks to Helen Blomfield, Louise Patterson, Alison Mori and Lisa Farndon for their support throughout the process!

2018 - 2019 Evidence Based Practice course

Posters from the 2018 - 2019 Evidence Based Practice course will be presented on 15th May. This course has been running in Sheffield in one format or another since 1999. The candidates on this course take a clinical issue from their various specialities and follow the steps of EBP to come to a decision about the available evidence. The posters displayed on Day Five of the course highlight all the work undertaken on this course.

Wednesday 15th May 2019—anytime between **1:00pm - 3:00pm**
at:

The Chatsworth Seminar Room

Rivermead Training Centre, Northern General Hospital

RSVP: Telephone: 0114 2715410 or via email Irene.Mabbott@sth.nhs.uk

Refreshments will be provided.



New review assesses the benefits and harms of exercise for preventing falls in older people living in the community.

The Cochrane Library has recently published a review investigating if exercise programmes can prevent falls in the over 60s. The evidence was reviewed from 108 randomized controlled trials with 23,407 participants from across 25 countries. The overall effect of exercise on preventing falls was high, but less certain evidence exists to support that exercise reduces fractures and the need for medical attention. Further research is required to establish the effectiveness of fall prevention programmes in emerging economies where the burden of falls is increasing more rapidly than in developed countries due to rapidly ageing populations.



The full review is available via the [Cochrane Library website](#).



IN OTHER NEWS

Carolyn Taylor is going on a one year secondment from her research coordination post to support Carla Gianfrancesco with her research grant called myfood24. Carolyn's replacement, Louise Patterson, will continue to work with Tom Almond to support the research studies within CCAG.

Dr Catriona Mayland has opened a new portfolio study looking at the use of Methylphenidate for fatigue in advanced cancer. The main site for this study is University College London. This study is linking the Palliative care team with the Clinical Cancer Trials Centre at Weston Park Hospital.

PPI NEWS

UPDATE FROM JENNI CRISP *NEW PPI STROKE AND APHASIA PANEL COORDINATOR*

The Stroke and Aphasia Patient & Public Involvement group is moving into its second year as an actual rather than a virtual panel and is meeting 4 times/ year at Graves Health and Sports Centre. Jenni Crisp has now taken over as the panel co-ordinator and the group has said farewell to Kate Lavender as she gives more time to other projects. We have recently reviewed projects as diverse as predicting recovery from visual impairments post stroke and the development of a female urinal. There is work underway to produce an aphasia friendly leaflet to support the recruitment of new panel members. We also hope that the group will contribute to service re-design plans on the stroke pathway. If you are interested in presenting research to the group, at whatever stage, or know of potential new panel members. Contact: jenni.crisp@nhs.net.



UPDATE FROM CAROLYN TAYLOR—CCAG PPI COORDINATOR

Recruitment of panel members continues. If anyone is interested in joining or knows anyone who is interested in being involved in research then please contact Carolyn Taylor. Carolyn is also happy to visit clinical departments to help explain more about PPI to staff members.

The next panel meeting is Tuesday 11th June. If anyone would like public involvement with their study then please contact Carolyn who can add you into the meeting. The subsequent panel meeting is on the 10th September. You are welcome to book onto this as well.



RCN INTERNATIONAL RESEARCH NURSING CONFERENCE...

is coming to **Sheffield** on 3rd—5th September, 2019.

Location: City Campus, Sheffield Hallam University, Howard Street, Sheffield, S1 1WB

For further details and to book a place follow this link: <https://www.rcn.org.uk/news-and-events/events/research-2019>



RECENT PUBLICATIONS...

Recent publications from members of the **CCAG Research Centre and SHU**;

*** Hearing the voices of older adult patients: processes and findings to inform health services research** Sally Fowler Davis, Anne Silvester, Deborah Barnett, Lisa Farndon and Mubarak Ismail. *Research Involvement and Engagement*, February 2019. Click [here](#) for a full text version of the article.

*** Feasibility and Variability of Automated Pupillometry Among Stroke Patients and Healthy Participants: Potential Implications for Clinical Practice** Matthew Marshall, Ritesh Deo, Charmaine Childs, Ali Ali. *Journal of Neuroscience Nursing*, April 2019. Click [here](#) for a full text version of the article.

*** 5 The international 'care of the dying evaluation' (CODE) project: using bereaved relatives to assess care for dying cancer patients in Europe and South America** Mayland CR, Sigurdardottir K, Hansen MIT, Leppert W, Wolszczak K, Yanneo EG, Tripodoro V, Goldraij G, Weber M, Gerlach Cet al. Click [here](#) for a full text version of the article.

