

OCTOBER 2019

RESEARCH BULLETIN



WHAT'S HAPPENING IN NOVEMBER — DECEMBER 2019

Wednesday 6th November
1.15pm—2.15pm

Respiratory Research Forum

Venue: Orthopaedic Library, Sorby Wing, (D Floor), NGH
Contact: Katherine.Sumner@nhs.net

Tuesday 12th November
9.30am—5.00pm

Evidence Based Practice—5 Day Course—Day One

Venue: Fulwood Seminar Room, North House, NGH
See **Page 2** for more details, contact Irene.Mabbott@nhs.net.

Thursday 28th November
10.30am—12.30pm

Sheffield Palliative Care Research Network

Venue: Room 6, R Floor, RHH
Contact: Katherine.Sumner@nhs.net

Tuesday 3rd December
9.00am—10.30am

Research Implementation Group (RIG) meeting

Venue: Seminar Room 9 (C Floor), Medical School, RHH
Contact: Katherine.Sumner@nhs.net

Wednesday 11th December
2.00pm—5.00pm

Ageing Research Network (ARN) - Launch Event

Venue: Room N101, The Mews, SHU. S10 2BP
Contact: Katherine.Sumner@nhs.net

Friday 13th December
10.00am—4.45pm

Stroke Research Conference

Contact: Amanda.Jones@sth.nhs.uk
See **Page 2** for more details.



My name is **Lindsay Maidment** and I have taken over as Research Physiotherapist; I will be working currently on the REVEALS and HE-RO trials. My background is Specialist Neuro Physiotherapist and I have extensive experience in treating patients with a variety of both Long-term and acute neurological conditions.

I am excited to be commencing my first research post, to be able to apply my current skills to research and to be a part of the team. I look forward to working with you all.

Update from Sue Pownall—Sheffield **Clinical Research Academy** successes!

We are pleased to announce that we have been awarded all **three** CRA Fellowship awards in the CCA Care Group, which are jointly funded by Sheffield Hospital Charities and ScHaRR (School of Health and Related Research) allowing one day a week to prepare a grant or fellowship application.

The successful applicants are:

Dr Ali Ali (Stroke Physician and Geriatrician)

Emily Mayberry (Senior Clinical Psychologist)

Cath O'Connor (Clinical Specialist Respiratory Physiotherapist)



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GOT A NEWSWORTHY
RESEARCH STORY
YOU'D LIKE TO SEE
FEATURED IN THE NEXT
BULLETIN?

PLEASE CONTACT:
Katherine.Sumner@nhs.net

OR

Lisa.Farndon@nhs.net



@Shef Research

**THE CLINICAL
RESEARCH AND
INNOVATION OFFICE
IS ON TWITTER!**



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Evidence Based Practice—5 Day Course:



Do you have a burning issue from your clinical practice that you would like to investigate further?

Have you heard of Evidence Based Practice and wondered what it was all about?

The STHFT 5- Day Evidence Based Practice course might be just up your street!

This course will help you find out what evidence is available to support your practice

You will get experience and support in searching databases, reviewing and appraising evidence with a view to you taking your findings back to your area.

This course includes a presentation, designing a poster and an assignment as well as practical sessions

Dates for the 2019-2020 Course:

Day One: Tuesday 12th November 2019 –North House, NGH

Day Two: Wednesday 11th Dec 2019 – Rivermead, NGH

Day Three: Thursday 13th Feb 2020 – Rivermead, NGH

Day Four: Tuesday 17th Mar 2020 – Rivermead, NGH

Day Five: Wednesday 15th May 2020 – TBC

For more information – please contact:

[Irene Mabbott](#), Practice Development Co-ordinator (Evidence Based Practice)

To book a place, you will need to use the PALMS system.

STH Staff: <https://sheffieldpalms.org/index.php>

External staff: <https://goo.gl/forms/yI87XhX1AtZBAQGY2>

Stroke Research Conference:

An exciting opportunity for the Stroke Multidisciplinary team and patients and carers to hear about and debate the most up to date local research in stroke.

The programme includes:

- Late breaking and game changing trials - Dr. Ali Ali
- Accessible information and aphasia - Dr. Caroline Haw
- Clinical Academic Careers - Dr. Sally Fowler-Davis
- Ampcare for dysphagia after stroke- Nicola Martindale
- Childhood and stroke- Dr Chris Rittey- Consultant Paediatric Neurologist
- 'What are the priorities for stroke patients?'
- Five Original research presentations- Chaired by Professor Arshad Majid
- Five Original research presentations - Chaired by Professor Sue Pownall



Venue: St. George's Church Lecture Theatre , 17 Mappin St, (University of Sheffield) S1 4DT

Friday 13th December, 2019 (10.00am—4.45pm) The conference is free of charge, to reserve a place email [Amanda Jones](#).



JB1-accredited Systematic Review Training - Short Course:

The five-day course gives a comprehensive understanding of all aspects of systematic review., including an introduction to evidence based healthcare and the system review of evidence, the system review of evidence generated through quantitative research and the systematic review of evidence generated by qualitative research, narrative and text. *Booking deadline—8th December 2019.*

Monday 13th—Friday 17th January, 2020. For more information visit their [website](#).

Venue: University of Nottingham Jubilee Campus, 7301 Wollaton Rd, Nottingham NG8 1BB.



Update from Sally Fowler-Davis—**Bidding for research and grant capture:**

Each year on the performance outcomes framework (POF) the CCA Care Group commit to submitting a specific number of grants to national research councils. This year we have already submitted 14 grants these include NIHR fellowships, and bids to Abbeyfield Foundation, NIHR RfPB and others. We are doing very well on this metric and have a range of new studies being submitted before March 2020 these are;

- **NIHR RfPB**—an investigation into a protein-rich diet in residential care homes for older people. This is a strong collaboration between SHU, UoS and STH with the Health and Care Trust led by Dr. Liz Williams. *Value of £150,000.*
- **Abbeyfield Foundation**—is a representation of a previous bid 'to implement a technology device to enhance dysphagia management; this includes SHU and STH staff led by Dr Sue Pownall. *Value of £100,000.*
- **NIHR HS+DR**—this is an investigation called PODPAD, a prevention podiatry intervention for people with peripheral arterial disease that will be trialled across Sheffield and Huddersfield.

Other studies are being planned and we look forward to hearing the results.

QNI on Tour, in partnership with NHS England/NHS Improvement #ActNowHomeFirst— Rebekah Matthews

The Queen's Nursing Institute, NHS Improvement and NHS England are working together to host a unique series of workshops to support health and social care colleagues to become local leaders and to take prompt practical actions. This includes support on using every opportunity to ensure vulnerable individuals, who are faced with increased complexity and frailty, receive the right care, in the right place, at the right time.

A mobilised response across the professions from urgent and emergency care through to the care sector is directly aligned to the NHS Long Term Plan; recognising the need for properly joined-up care at the right time in the optimal care setting.

The aim is to:

- Share knowledge, experience, challenges and successes in leading and delivering joined-up care
- Support delegates to further develop their understanding of how to enhance transfers between hospital and home and to apply this in their area
- Enhance communication and partnership working across localities – networking opportunities as well as shared learning

An interactive event which includes practical workshops and real-world case study exemplars: demystifying key topics of transfers between hospital and home.

Exercise rehabilitation in Atrial Fibrillation (AF) - Lis Johnson

Lis was approached by Dr Karyiacou regarding the AF patients within our cardiac rehabilitation phase 3 groups. Lis had worked closely 2 years previously with the Cardiac Rhythm management nurses and consultants and set up an electronic referral pathway to offer patients in AF the opportunity to join the well established cardiac rehab groups alongside patients with a variety of cardiac conditions.

The nurses at the rhythm management clinics discussed the exercise and education sessions with the patients and referred them on to us if they were interested. The team would then contact patients once they were clinically stable and offer a home visit to give them more information about the group and begin the assessment process. Patients would then be booked into a venue of their choice (currently there are 4 venues in Sheffield) and attend to complete their walk test and psychological questionnaires. The patients would then be offered 12 sessions of exercise over 6 weeks, 1 session is gym based and 1 session is circuit based, there is also a once weekly education session.

Lis's main contribution to the project has been her knowledge base and background with exercising this group of patients and of course the fact that we held all the data. The project has been accepted as one of the finalists in the AF Association Healthcare Pioneers Report 2020.



PPI Update from Carolyn Taylor (CCAG PPI Panel Coordinator):

We are renaming the core care group panel to 'Across the Care Group PPI Panel' for CCAG. Panel members felt this reflected better the work this panel is engaged in and the services it supports. We are currently updating our section on the CRIO website to reflect this change

Recruitment of panel members continues. If anyone is interested in joining or knows anyone who is interested in being involved in research then please contact Carolyn Taylor. Carolyn is also happy to visit clinical departments to help explain more about PPI to staff members.

The next panel meeting is on the 3rd December. We have some time slots available for anyone who would like some public involvement in their project. Please contact Carolyn Taylor if you would like some time reserving for you.

The panel members have also fed back that they would like to hear how researchers are progressing with their studies. If you have previously presented at the study you would be welcome to come back to update the panel on the progress of your study.



NIHR—Research Participant Experience Survey Report 2018-19

The report shares results of the Research Participant Experience Survey 2018-19, about the experience of participants in health research. It is carried out to help continually improve the experience of taking part in health research and gives participants a chance to feedback on what went well and what could be improved. Click [here](#) to read the report in full.



CCA CARE GROUP ANNUAL RESEARCH REPORT



Our Annual Research Report was published and widely circulated at the end of the summer. The report presents highlights from the past year, such as the successful growth of our PPI and the collaborative events with SHU around healthcare technologies, and includes testimonies from colleagues about their own research experiences. A copy of the report can be found on our [intranet](#) and [internet](#) pages.



RECENT PUBLICATIONS from members of CCAG Research Centre

- **The Development of a Digital Dysphagia Guide with Care Homes: Co-Production and Evaluation of a Nutrition Support Tool** Sue Pownall, Elizabeth Barnett, Sally Fowler-Davis. *Geriatrics*, August 2019.
- **Complications and Costs of Peripherally Inserted Central Venous Catheters Compared With Implantable Port Catheters for Cancer Patients** Ali Ali. *Cancer Nursing*, August 2019.
- **Factors Associated with Risk of Stroke-Associated Pneumonia in Patients with Dysphagia: A Systematic Review** Sabrina Eltringham, Sue Pownall. *Dysphagia*, September 2019.
- **Understanding the effect of cognitive/brain reserve and depression on regional atrophy in early Alzheimer's disease** Annalena Venneri. *Postgraduate Medicine*, September 2019.

