

**A collection of
resources to support
public involvement
in research for
researchers,
non-researchers
and public contributors**

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- 1. Involvement in research**
- 2. Equality, diversity and inclusion (EDI) in research**
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The implementation and involvement team at NIHR ARC South London have brought together a unique collection of resources designed to support involvement in research. The resources are grouped by theme. We have indicated what the resource is, who it is designed for and have given a brief summary of what it contains.

In addition, if you are new to research, we have brought together some [free resources on the ARC South London website](#) that provide a practical introduction to carrying out research. These resources are suitable for public contributors, researchers or anyone wanting to carry out research without a research background.






● Resource type
 ● ARC researchers
 ● Non researchers
 ● Public contributors





























1. Involvement in research

– this section contains resources providing advice and guidance on best practice in involvement in research.

Overall

A practical guide to being inclusive in public involvement in health research	 	A NIHR guide which provides practical examples, lessons and tips for preparing for delivering inclusive involvement	free
ARC South London Involvement Learning Network	 	Bi-annual events held by ARC Involvement team to facilitate sharing of learning around involvement in research	free
A research handbook for patient and public involvement researchers	 	A handbook written for patients and and members of the public who want to understand more about the approaches, and language used by health-services researchers	free
Assessing processes and outcomes of co-produced research: A selection of systematic reviews and peer reviewed articles, ARC Kent Surrey and Sussex	 	A resource on processes for, and outcomes of, co-production in research.	free
Being Inclusive in Public Involvement in Health and Care Research	 	A NIHR guide detailing things to think about to be more inclusive in public involvement and developing research communities	free

Briefing notes for researchers– public involvement in NHS, health and social care research	   	Guidance which explains the different ways that members of the public are involved in research. It will help you to plan resource and support public involvement in research	free
Cambridge BRC Training	  	Online training session, aimed at researchers (but also available to NHS). Includes introduction to PPI, ways to, involve people writing lay summaries and evaluating PPI	free
Cicely Saunders Institute PPI Research Training Video	   	Video training series developed by Cicely Saunders Institute for Palliative Care, Policy & Rehabilitation on PPI covering what is PPI, research design, analysis and dissemination	
Guide to working effectively with contributors, ARC West	  	A guide and diagram developed by public contributors to help researchers engage with public contributors during all stages of a research project.	free
Healthtalk PPI in research	 	Information on taking part in research as a patient or member of the public, including a video of people's experiences, an introduction to PPI and reasons to get involved	free
Imperial PPI Training	  	Four weeks (4 hours per week) – learn how patients and the public can be involved across the research cycle	free {or £35 with certificate)
Inclusive Involvement in Research – Community of Practice	   	Examples of methods and approaches for inclusive involvement	free
McPin Foundation, Research Involvement Groups: Recruitment Plan Checklist	  	Checklist for recruiting to advisory/ involvement groups	free

Mental health research PPI video series	   	<p>Whilst aimed at mental health research, this website contains a video series in which experienced public contributors mental health research talk to researchers about their role. The conversations offer lots of useful insight, experience and guidance for researchers</p>	free
NIHR Oxford Biomedical Research Centre PPI researcher guidance	   	<p>Detailed guidance on PPI, including what it is, ethical approval, costing involvement and resources for PPI in practice</p>	free
NIHR Starting Out Guide 1	 	<p>Written to help and advise members of the public who would like to get involved involved, or have recently become involved in research. In this guide you will find key information and principles about getting involved in research</p>	free
NIHR Starting Out Guide 2	 	<p>Further information for members of the public on why and how to get involved in research</p>	free
Peter Bates: 'How To Guides'	   	<p>Practical guides on a wide range of issues in involvement</p>	free
Qualitative Applied Health Research Centre (QUAHRC) Podcasts with reflections on aspects of involvement – drawing on lived experience in interpreting research data	   	<p>This episode reflects on how lived experience can engender insights, support the interpretative process and enhance the trustworthiness of qualitative research</p>	free
Research Involvement Groups: Reflections and learnings over 10 years	   	<p>A collection of ten resources that showcases approaches to working in collaboration with lived experience expertise to lead and shape research, evaluations and public involvement work</p>	free
Training and Resources for Public Involvement in Research	   	<p>NIHR Learning For Involvement – details a number of training courses and resources around involvement</p>	free

UK Standards for Public Involvement		●	●	●	The standards are a description of what good public involvement looks like and encourage approaches and behaviours that are the hallmark of good public involvement such as flexibility, sharing and learning and respect for each other	free
4pi National Involvement Standards		●	●	●	A framework for the involvement of service users and carers – in our own care, in our communities, in service delivery and evaluation and in organisational governance and strategy	free
Co-applications						
NIHR's Public Co-Applicants in Research: Guidance on roles and responsibilities		●	●	●	Guidance on roles and responsibilities in co-applications	free
Public Co-app Webinar		●	●	●	A recorded webinar discussing the appropriateness of having a public co-applicant in health and social care research	free
Community Involvement						
Community Engagement: An Exploration (module; University of Glasgow and Glasgow Centre for Population Health)		●	●	●	Free online training on engaging and involving communities	free
Community Engagement Toolkit		●	●	●	Principles for involving and engaging communities	free
Co-production						
A guide for co-researchers working on co-produced research projects		●	●	●	A booklet explaining co-research and co-production, and what to expect	free

A map of resources for co-producing research in health and social care



Produced by ARC West – a map of resources to guide, researchers professionals and public contributors through the different tools and guidance that can help people produce research together. Also see: <https://arc-w.nihr.ac.uk/patient-and-public-involvement/co-producing-research-resources-and-toolkitlist/>

free

Co-production resource library



Wide range of resources on co-production

free

COVID-19 and Co-production in Health and Social Care Research, Policy and Practice – Part 1



An e-book around the Challenges and Necessity of Co-production

free

COVID-19 and Co-production in Health and Social Care Research, Policy and Practice – Part 2



An e-book around co-production Methods and Working Together at a Distance

free

NIHR Guidance on co-producing a research project



This guidance, written for the public, researchers and health and social care practitioners has a focus on co-producing research projects and in particular, how co-producing relates to public involvement in health and social care research

free

Qualitative Applied Health Research Centre (QUAHRC) Podcasts with reflections on aspects of involvement – meaningful co-production



Discussion about different definitions of co-production, issues around funding co-produced research, whether co-produced research is what people actually want, impact from co-produced research, what role researchers can take in co-production, and advice and resources for doing meaningful co-produced research

free

Involving carers

For carers (to get and stay involved)



Co-produced tips on how to involve unpaid carers in health and care research

free

Tips on involving carers in health and care research For researchers

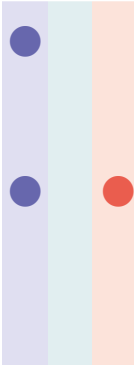


Co-produced tips on how to involve unpaid carers in health and care research

free

Participatory Research

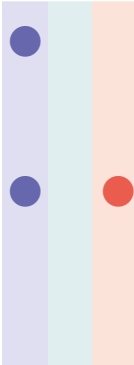
Ensuring Quality: Indicative Characteristics of Participatory (Health) Research



Criteria to be used when reflecting on the quality of participatory research projects

free

Participatory Research Methods – Choice Points in the Research Process



Paper on participatory research methods – what it is, definitions and points where participation can occur

free

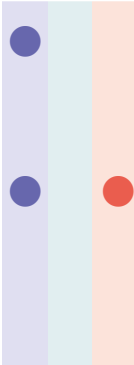
Payment

ARC South London Payment Policy



Internal guidance for involvement payments - please contact savitri.hensman@kcl.ac.uk for a copy

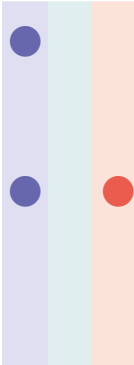
Health Innovation Network Payment Policy



Internal guidance for involvement payments – contact sophie.lowry2@nhs.net for a copy

free

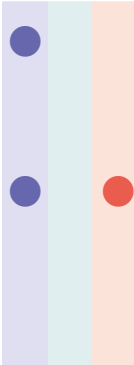
NIHR Payment guidance for members of the public considering involvement in research



Central NIHR guidance around payment and recognition for involvement in research (aimed at members of the public)

free

NIHR Payment guidance for researchers and professionals



Central NIHR guidance around payment and recognition for involvement in research (aimed at researchers)

free

Research skills for members of the public

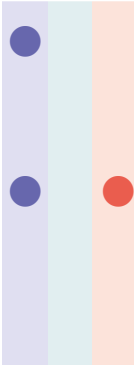
A research handbook for patient and public involvement researchers



This handbook is written for patients and members of the public who want to understand more about the approaches, methods and language used by health and care researchers, and perhaps carry out research themselves

free

Centre for Society and Mental Health, Research Methods Toolkit for Society and Mental Health



Toolkit for patients, service users, carers and the public wishing to better understand or conduct research

free

NIHR course for public reviewers



Free online course for patient/public reviewers of research

free

Research Methods: A Practical Guide to Peer and Community Research



This practical, ten-week course from King's College London provides an overview of all aspects of research, with the principle aim to support and empower people to conduct their own research to initiate positive social change

free

2. Equality, diversity and inclusion (EDI) in research

- this section contains resources providing guidance on best practice in ensuring equality, diversity and inclusion in research.

Overall

Being Inclusive in Public Involvement in Health Research



A helpful series of prompts for researchers and for those whose job it is to support public involvement in research

free

Seldom Heard Forum videos (ARC North West Coast)



Examples of involving people from under-served communities

free

EDI and involvement

How to incorporate Equality, Diversity and Inclusion (EDI) in Patient and Public Involvement (PPI)



A recorded webinar which covers: what is EDI, the barriers to incorporating EDI in PPI and how to overcome them as well as practical guidance, tips and resources on how to adapt a PPI programme to incorporate EDI successfully

free

Health and care equality

For Equity tools and resources



Resources to examine health inequalities using an intersectional approach, including inclusive involvement

free

Equity Lens podcast, on YouTube and Spotify



A podcast series in which academics, members of the public and voluntary organisations talk about tackling health inequity in, and through, research

Inclusive language

King's Fund Blog on Inclusive Language



A short article on the importance of inclusive language, including reflections to consider when using certain terms

free

Involving disabled people

Shaping Our Lives, 'My Voice Matters' guide for people who want to share their lived experience

[PDF](#) / [Word](#) / [video](#)



Getting involved, for disabled people and service users

free

Involving LGBTQ+ people

University of Sheffield and others, Involving LGBTQ+ Unpaid Carers



Toolkit on involving LGBTQ+ unpaid carers

free

Involving young people

eYPAGnet Toolkit



The toolkit is designed to take you through each part of the process of setting up a Young Persons Advisory Group

Patient-Oriented Research Curriculum in Child Health (PORCCH) training Patient-Oriented Research Curriculum in Child Health (PORCCH)



Free online training on involving young people and their caregivers (Canadian resource)

free

Involving young people in research work



A list of the most important things that everyone needs to know when running a meeting with young people

Qualitative Applied Health Research Centre (QUAHRC) Podcasts with reflections on aspects of involvement – co-production with young people



Discussion on co-production of research with young people with lived experience. They answer questions including: What are necessary conditions to make co-production with young people possible? What works and what doesn't? Who can you contact to engage young people in your research?

free

Young Researchers: Guidance (Louca-Mai Brady, Berni Graham; Barnardo's)



The guidance provides an overview of key issues and arguments on issues to think about and how best to provide inclusive, good quality and consistent training and support to young researchers of varying ages, interests and needs

free

Young Researchers: Toolkit (Louca-Mai Brady, Berni Graham; Barnardo's)



The Toolkit provides tools, activities and ideas which researchers and practitioners can use and adapt when recruiting, training and supporting young researchers

free

Race equality in involvement

Increasing participation of Black Asian and Minority Ethnic groups in health and social care research toolkit



Toolkit for improving involvement and participation by Black, Asian and Minority Ethnic groups

free

Key Messages from Black, Asian and Minority Ethnic Toolkit



From the Black, Asian and Minority Ethnic toolkit (detailed above) this resource provides a checklist to help address issues of inclusion and equality with respect to global majority communities

free

NIHR Race Equality Framework for public involvement in research



Guidance on evaluating and strengthening race equality in involvement

free

3. Evaluating research

– this section contains resources which provide advice and guidance for anyone interested in carrying out evaluation of health or social care services.

Overall

Evaluation Online Network



Set up by West of England AHSN and NIHR ARCWest, this is a virtual group for anyone interested in evaluation, with no membership criteria

Evaluation Works Toolkit



A toolkit providing a simple step by step guide to support development of an evaluation

free

Involvement in Evaluation

Guidelines for PPI in Evaluation



Produced by the West of England Evaluation Strategy Group. Guidelines for patient and public involvement in evaluation: Building and sustaining a culture of involvement in evaluation

free

4. Research ethics

– this section contains resources providing guidance for anyone interested in understanding more about the process of obtaining ethical approval for research.













Overall

Research Ethics Service and Research Ethics Committees	   	HRA website with detailed information on the process	free
Understanding health research: ethical approval	   	Introduction to ethics	free

5. Implementing research into practice

– this section contains resources providing guidance for anyone interested in learning about the science of implementing research into practice.

Overall

ARC Wessex Implementation toolkit	   	This Web-based Implementation Toolkit is designed to be easy to use and intended for a variety of users, projects and settings where implementation is planned or being considered. It provides you with an interactive Implementation Wheel, Checklist and bite-size Webinars to support you through your implementation journey.	free
Cross-ARC Knowledge Mobilisation & Implementation Resource guide	   	This guide signposts you to a variety of resources created either by one of the Applied Research Collaborations (ARCs) or by their funder the National Institute for Health and Care Research (NIHR) related to implementation, knowledge mobilisation and impact.	free
Implementation Science Conference	   	Annual conference organised by NIHR ARC South London, showcasing the latest research in implementation science applied to health and social care	course fees depend on your role, see website for details

Implementation Science Masterclass



Organised by NIHR ARC South London, including lectures, small group workshops and advice clinics

course fees depend on your role, see website for details

Improvement Science Snapshots
ARC Yorkshire and Humber



A series of short videos introducing key methods of improvement science and approaches in a brief accessible way

free

KIS glossary of terms used in improvement and implementation



A collection of terms and definitions from the fields of quality improvement, improvement science and implementation science. It also draws on relevant terminology from health economics, patient and public involvement, evaluation and research

free

Modules in Implementation Science (ARC East Midlands)



Free online modules on implementation, including 'Engagement, Involvement and Co-Production'

free

Implementation Science Research

Centre for Implementation Science
– Inspiring Change 2.0



A self-directed mini-course that shows you how implementation science can enhance how you inspire and support change

free

Essential Implementation Podcast



A podcast from ARC Yorkshire & Humber which speaks to implementation scientists, researchers, clinicians, healthcare staff, project managers, implementation practitioners and many more about their experiences and views in regards to implementation

free

Practical Implementation

ARC South London Insights into Implementation



Ad hoc events organised by the ARC South London Implementation team, providing insights into practical implementation through the use of case studies
For future events visit the website
<https://arc-sl.nihr.ac.uk/events-training>

free