

# LADDER Panel

(Lay Advice on Diabetes and Endocrine Research)

Giving a public perspective to influence research

## Who we are

We are volunteers who are convinced that **patient and public involvement** (PPI) is essential to the overall credibility, effective conduct and longer term impact of medical research.

As members of the public, we have benefitted greatly from the expertise of clinicians and aim to 'give something back' by shaping research so that it is accessible and beneficial to patients.



## Working with Researchers

The Panel collaborates with and supports the research community in a variety of ways, from the initial funding applications through to project completion and dissemination of research findings.

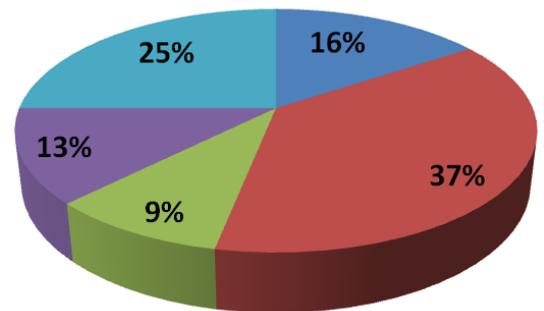
The Panel has reviewed 32 separate proposals or projects [April 2016], covering the following topics:

- Diabetes: Motivation and Support
- Diabetes: Long-term complications
- Diabetes: Self - management
- Endocrine Disorders
- Other

## Success Stories

We are proud that grant applications we had an active involvement with have been successful in receiving funding.

- **Prof Heller:** NIHR Programme Grant for Applied Research to improve the DAFNE intervention - DAFNE*plus*.
- **Prof Tesfaye:** NIHR Health Technology Authority to determine the most clinically beneficial and best tolerated treatment pathway for people with painful diabetic neuropathy – OPTION-DM.



## You are welcome to join us

The LADDER Panel currently meets researchers monthly during the second week of each month, at lunchtimes, at the Royal Hallamshire Hospital.

Panel members who cannot attend meetings can email comments in advance. We are also accessible to researchers between meetings by email.

We aim for a balance, in our membership as well as our work, between the two parts of our remit – diabetes and endocrine disorders.

### Please contact:

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## How we help

Our formal remit is 'to give a lay perspective on and influence the research carried out in the Academic Directorate of Diabetes & Endocrinology'.

We do this by reviewing proposals, considering progress reports and offering advice on the following main areas:

- wording of lay summaries and patient literature
- design of clinical trials
- recruitment and retention of research participants
- promotion & sharing of research results
- ensuring the patient journey is realistic

**"I have learnt more ... about the research process ... and also enjoy the social aspect"**

Panel Member

## Researcher Feedback

The Panel's advice has been warmly welcomed by the research community:

**"Thank you for the opportunity to get more input into how we can improve our current project. We will incorporate some of your recommendations into the study documents."**

Dr Jill Carlton, University of Sheffield

**"The comments received from the panel are really excellent – thank you."**

Prof Jane Nixon, University of Leeds

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