

Nursing and Midwifery Research & Innovation Newsletter

APRIL 2023

Introduction



From STH Chief Nurse Chris Morley

I am delighted to provide the opening for the second STH Nursing and Midwifery Research and Innovation Newsletter Spring 2023. I recently visited the Clinical Research Facility (CRF) at the RHH and it was great to meet some of the nurses that work in the CRF, and see their passion for research. So I am very pleased to promote the 2023 internship scheme which is now open for applications - and I'm delighted that this includes an STH Chief Nurse Internship. Please see below for more details and application process.



Prof Julie McGarry

OVERVIEW

FROM PROFESSOR OF NURSING JULIE MCGARRY AND
LEAD NURSE FOR RESEARCH AND DEVELOPMENT GAIL
MILLS



Gail Mills

Welcome to the second edition of the **Nursing and Midwifery Research and Innovation Newsletter**. The purpose of this newsletter is to provide information highlights and signpost you to the range of research and innovation opportunities for nurses and midwives working in STH.

We continue to focus on the Chief Nursing Officer (CNO) for England's recently published strategic plan for research entitled '**Making Research Matter**', setting out a policy framework for developing and investing in research activity across the NHS in partnership with others.

The CNO's ambition is to **“create a people-centred research environment that empowers nurses to lead, participate in, and deliver research.”**

This makes it a really exciting time to become involved in research, or to further develop skills and knowledge and/or leadership in nursing and midwifery-led research. You can read a brief summary of the strategy [here](#).

We are also really keen to promote the 2023 NMAHP research and innovation internships - further details and virtual coffee drop-ins can be found below.

STH Nurse, Midwifery, Allied Health Professional (NMAHP) and Health Professionals Research Internship Programme

Have you thought about following a clinical research path?

Traditionally there have been limited opportunities for health professionals outside medicine and dentistry to become more research active, either by engaging with, supporting or conducting research as part of everyday clinical practice. We are therefore inviting expressions of interest from budding researchers for our third intake of the research internship secondment scheme. Successful candidates will be released one day a week for one year and funding will be provided for backfill in their usual role. Our third cohort of STH internships is open to all registered health professions (outside of medicine and dentistry).

“Honestly, if you are motivated to make a difference to where you work and are willing to step out of your comfort zone and looking for your next challenge; this is such a great opportunity not to be missed.” Andrea Sorsby, Nurse Consultant and Internship graduate 2022. Read more about Andrea’s experience of the programme [here](#).

Who can apply?

This programme is suited to aspiring clinical leaders, those interested in pursuing a clinical academic career, or those who simply want an opportunity to find out more about research. We are keen to support those completely new to research as well as those currently working in research delivery roles.

Find out more about the scheme, including details of how to apply [here](#). Closing date for applications is Friday 9th June.

Virtual coffee drop-ins with Julie and Gail

Julie and Gail have set up the following drop-in sessions for any staff interested in the Internship or with any research questions:

Thursday 18th May 2023 10am - 10.30am

Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Friday 2nd June 2023 1pm - 1.30pm

Join on your computer, mobile app or room device

[Click here to join the meeting](#)





Do you know the next RCN Nurse of the Year? Be part of the RCN Nursing Awards

We know that nurses and healthcare professionals often don't feel like they are going above and beyond to deliver outstanding care, so we are asking you to step in and nominate a colleague or team and show them your appreciation. Click on the link below for more information and to submit your entry. **Deadline for nominations is 28th April.**

[Home](#) | [RCN Nursing Awards](#) | [RCNi](#)

INTERNATIONAL NURSES' DAY

12TH MAY 2023

Taking place annually on the birthdate of Florence Nightingale, this event serves as a platform to celebrate the significant role that nursing colleagues play across the globe. To mark IND2023, we would like to invite you to an online event: **"Our Nurses, Our Future: Making the Invisible, Visible"**, where distinguished academics and practitioners will be sharing their perspectives on strengthening our profession and systems amid increasing global demands.

To book a place on the IND2023 event please click on the link below:

<https://www.eventbrite.co.uk/e/international-nurses-day-2023-our-nurse-our-future-tickets-597860977277>

#Red4Research 2023

Supporting research and all the people making research happen



The #Red4Research campaign began in 2020 and brings together everyone participating in, supporting and undertaking research. It recognises that research doesn't just happen, people make it happen - participants, patients, health professionals and many others.

For 2023, #Red4Research will be on **Friday 16th June**; the aim is to get as many people as possible wearing red to demonstrate their support and appreciation for those taking part and working in research, and celebrate all the treatments, techniques and developments that have arisen from research.

You can find out more about how you can get involved [here](#), where there are also free resources available to download. Please ensure any photos at work are taken with local policies and requirements in mind, and if you will be sharing photos of any teams on work social media accounts, please contact lucy.wasinski@nhs.net for relevant Trust Communications consent forms.

First Steps Into Research

Deadline 1st May 2023

The NIHR First Steps into Research Programme is a great opportunity for someone to enhance their skills, gain the motivation, and develop the knowledge needed to create a pathway to a career in health and social care research. The programme gives participants an understanding of what research is and how it can be applied. A cohort for AHPs, nurses and non-medical NHS staff is being run in Sept 2023, with the programme running for four months.

Please see the flyer [here](#) for more information and an example copy of the application form [here](#). Please note applications must be made by the online application form which is found in the flyer. The above information is all available here on our website: <https://www.sheffieldclinicalresearch.org/newsletters-events-campaigns/training/>

For more information including advice on how to get started in research and details of internal opportunities such as the NMAHP internship scheme, please visit the STH [Clinical Research and Innovation Office](#) (CRIO) website.

Participant in Research Experience Survey (PRES)

A new process for 2023-24

In the last newsletter we shared an update about the fantastic feedback received from participants of NIHR portfolio research at the Trust. The Participant in Research Experience Survey collection period for 2023-2024 started on 1st April, and STH has been given a target of over 300 completed surveys. There is a new process this year which will hopefully make it easier for participants to return their completed surveys and will also take pressure off delivery teams! For this year, we are being given “stick and fold” surveys which can be completed by participants and returned via Freepost into a postbox. This means that there is no need for delivery teams to print off paper copies anymore.

If you are involved in delivering portfolio research, then it is likely that you should be offering participants the chance to feedback about their experience via the PRES. You can find out more on the CRIO [website](#) which gives full guidance for staff, but if you are unsure please contact lucy.wasinski@nhs.net to see if your study is suitable to offer PRES on, and for any support in offering this to participants.



Phi Mu Chapter

Annual Phi Mu Conference 16th June 2023 in person at Sheffield University and also virtually

We have some amazing speakers and discussion events so an event not to be missed
Please click on the PDF below for full details of how to register



Flyer 2023 Phi Mu
Conf June.pdf



NHS75/International Clinical Trials Day

The NHS turns 75 in July 2023, and to mark this occasion the National Institute for Health and Care Research is joining the celebrations throughout 2023 in a campaign called “Shape the Future”. The campaign will be looking back at improvements in patient care and pioneering techniques, and looking ahead to the difference research can continue to make in the future.

As part of our celebrations for International Clinical Trials Day, we are planning an event with the University of Sheffield this summer. We will be looking for engaging activities/attractions that showcase how Sheffield-wide research improves the care of our patients and demonstrates pioneering techniques, and that looks towards more improvements in the future.

More details will be circulated in due course, but we wanted to let you know that this is in the pipeline to give time to think of any research that could be highlighted, or colleagues who may have engaging activities they want to share. You can read more about the events we have held in previous years to mark International Clinical Trials Day here:

<https://www.sheffieldclinicalresearch.org/newsletters-events-campaigns/>

Funding Opportunities

The National Institute for Health and Care Research share round up emails on a monthly basis about funding and support available to health professionals and researchers. We'd encourage you to sign up to these so you don't miss out on any opportunities! You can [sign up here](#) and choose which bulletins you would like to receive.

Are you interested in undertaking a PhD by research alongside further professional development and practice? The following scheme is currently open for applications: [Doctoral Clinical and Practitioner Academic Fellowship Round 3.](#)

Julie McGarry and Gail Mills are both available for informal discussions, mentorship and coffee drop-ins to discuss any research ideas you have or if you would like support in taking your first steps into research. Contact details as follows: j.h.mcgarry@sheffield.ac.uk and Gail.mills2@nhs.net

Please see here for the [full list of funding opportunities](#) from the NIHR.